

Sunrise Optimist Club of North Topeka
Preschool & Kindergarten/1st Grade T-ball Leagues
Summer, 2018

Preschool

Boys - Kg & 1st

Girls - Kg & 1st

Rules and General Guidelines

1. This is a recreational league. Every player should be given an equal opportunity to participate.
2. The official ball for this league is the ball designated as a T-ball.
3. Pitching will be by the batting team coach or assistant. Each batter will be allowed five (5) pitches to hit the ball. If the batter does not hit the ball into play, then the batting T will be placed on home plate. The batter will then swing until hitting the ball into play.
4. All players on the team will bat each inning. The last batter can run all the bases unless called out before home plate.
5. Players will stay on base when called out.
6. Coaches may take positions on the field to help the fielders. You should have a pitcher, catcher (gear is not necessary, perhaps a face mask), five infielders, and a minimum of four outfielders. Every player should be given the opportunity to play each defensive position during the season. All players on the roster may take the field each inning.
7. The bases will be 40 feet and the pitcher's mound will be 25 feet.
8. Emergency Medical Treatment forms must be completed and signed by the parent or guardian before players can participate in Sunrise Optimist Club sports programs. Coaches retain signed forms & bring them to each game. First aid kit and ice are available at the concession stand.
9. The first games will start at 6:00 pm. No new innings will begin after 6:50 pm. Both teams must be off the field and out of the dugouts by 7:00 pm so that the second scheduled game may begin.
10. Second games will begin at 7:15 pm No new innings will begin after 8:05 pm.
11. A league official will determine when games must be discontinued because of threatening lightening or storms. Rained out games will be re-scheduled if possible, usually Friday evenings or Saturday mornings.

Shirts

Shirts will have a name of the team sponsor. If a coach wishes to order a shirt, you may do so at your own cost. We will not be taking orders for coach's shirts. Shirts purchased from Diamond Printing, 2011 SW 10th, 357-6643.

Practices

Use of the Optimist ball diamonds are by appointment through a league director as named above. In May, teams may have two one-hour

Equipment

Equipment is returned on the last night of scheduled games. If you have a problem with your equipment, please contact your League Commissioner.

Rain Outs

If the diamonds are unplayable, we will announce cancelations through our Facebook page, @srosummerball, and we will attempt to email everyone in our database. You are encouraged to follow our Facebook page.